The way we are

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- 41	

Who are you?

1	Put the le	etters in the	correct orde	r to make word	is for charac	cter traits.		
	I. yola	1	lo	yal	6. vci	eptmiote		
	2. c e g	reenti			7. e a t	mlalignv		
	3. aild	telisc			8. nn	ideeipnet		
	4. allg	ioc			9. 15 11	eblleio		
	5. d u u	solst						
2	Daisuke i character	THE RESERVE OF THE PARTY OF THE	neet Yumikoʻ	s family. Comp	lete the con	versation with w	ords for	
	Daisuke:	So, Yumiko	, what is you	ur family like?		Miles Williams	- ST. 1910	
	Yumiko:			eat. They're ve				5
		Victoria constituto	1	sister is an arti	(file)	Sal yes		The Laboratory
		She's very			and has		-61	和一周多 一
				2 is. She can also	be l			
		very	e en communitation	She t	101107 s			3 3
		her art is s	going to save	the world!				METALL
	Dalsuke:	That's fund	nyl What's yo	our younger sis	ter like?			
	Yumiko:	She's great	t, too, but we	e're very		I'm o	nly a year	
		older than	she is. We b	oth want to be	the best p	layer on our soc	cer team.	
	Dalsuke:	My brothe	r and I are III	ke that, too, es	pecially wit	h math. We're b	oth	
		102	-1-	when we m	ake decisio	ns, too. But he's	more	
			3	than I am.	don't spen	d very much tin	ne studyir	ig.
	Yumiko:	I know! M:	aybe that's w	why you're alwa	ıys so		1	
		I never ha	ve energy at	school becaus	e I stay up	so late studying		
	Daisuke:	Anyway, te	ell me about	your brother. V	Vhat's he lik	ce?		
	Yumiko:	He's nice,	but he's very			. He's 21, and	he doesn'	't
				V20000 0	e was youn	ger, he was pret		
				and didn't	want to follo	ow the rules.		
			146					

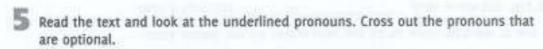
3 Complete the sentences with who or which.

 Danielle is the kind of person 	who likes to be with her family.
2. Her parents are people	are very energetic.
3. They took a vacation	was very adventurous.
4. Danielle has a brother	is pretty rebellious.
5. She has a sister	is sensitive and quiet.
6. Her sister has a job	is difficult.
7. She works in an office	is often busy.
8. Danielle has a lot of friends	enjoy coming to her house.

Rewrite the sentences about Lea and Omar. Change that to who or which.

- Lea and Omar have a house that is near the ocean.

 Lea and Omar have a house which is near the ocean.
- 2. Lea is someone that loves the ocean.
- But Omar is the kind of person that doesn't like the water.
- 4. They have a boat that he never uses,
- 5. Omar is a person that likes to play golf.
- 6. Lea and Omar are people that don't always do things together.



My friend Paul is a person who other students want to work with. He has personality traits that people like. For example, he's the kind of student that usually knows the answers to the teacher's questions, and he's someone who always finishes his work. He's also a person who doesn't mind helping his classmates with their work.

Outside of class, Paul is a person who is a good friend. People say he's a friend that they can talk to. Paul is also the kind of person who is interested in a lot of things. He's a great musician. The instrument that he plays best is the guitar, but he plays the plano, too. He's the kind of musician that I want to be!

Check (✓) TWO phrases that can complete each sentence.



Burak has imaginative ideas	4. TSmart is a new cell phone
d that are hard to understand.	that I have to have.
which are useful for his job.	☐ has a small camera.
who is also logical.	people are buying.
2. My parents are energetic people	5. Chicago is a city
that like adventure.	people travel to for fun.
are idealistic.	that gets a lot of snow.
who do many interesting things.	who is very windy.
3. Penelope is a person	6. I have a lot of friends
teachers like.	who are loyal.
☐ is my best friend.	want to be musicians.
who sings really well.	that like to be independent.
Complete the sentences with your own ide	eas. Use who, which, or that.
Example: I like cities that are exciting	. or I like cities <u>which are small and quiet</u> .
1. I like cities	
2. I dislike people	
3. I want a job	<u></u>
4. A loyal person is someone	

Sorry, but can I ask something?

Complete the conversation with the correct words.

Amelia: Well, yes, but . .



Paulo:	Listen to this. This article	says your favorite colo	r says a lot about	your person	nality.
Amelia:	Really? What does it say?				
Paulo:	Well, first tell me your fa	vorite color.			
Amelia:	It's yellow.				
Paulo:	OK, it says you are ideali	stic. It also says			
Amelia:	Sørry , b	ut c	l ask s	7	7
Paulo:		of c		4;	
Amelia:	What does it mean by id				
Paulo:	You know, you're determ	ined to make good thin	gs happen.		
Amella:	Oh, OK. What else does i	t say?			
Paulo:	It says you are good at n	naking plans, but you're	often not energe	etic enough i	0
	do them. And it says				
Amelia:	В	u g	on, could I a		something?
Paulo:	OK. S	3		3	
Amelia:	What magazine is this from	om? It sounds kind of c	razy.		
Paulo:	It's a psychology magazi	ne. Let me tell you mor	e. It says		
Amelia:	I'm sorry, b	could t ask o		t	
Paulo:	You mean, one more this	ng? Sure. G	5 a		
Amelia:	What's the name of the	magazine?		6	
Paulo:	Modern Psychology. OK,	now let me finish. It sa	ys you are logical	and you like	8
	to know the facts. Now,			WAS ARREST OF THE PARTY OF THE	

Wishing for change

Label each picture with a sentence made from the correct phrase from the box.

balance work and play be more organized find time to relax lead a healthier lifestyle live within a budget ✓ manage time better



1. He needs to manage time better.



2



3. _____



4.





6.

Answer the questions with your own information.

Example: _ I try to do something fun for an hour every day after work.

- 1. How do you balance work and play?
- 2. Do you manage your time well? How could you manage your time better?
- 3. Do you usually live within your budget? How could you save more money?
- 4. Do you find time to relax during the week? What's your favorite way to relax?
- 5. Are you more organized at work or at home? What could you do to be more organized?
- 6. Do you lead a healthy lifestyle? What could you do to be healthier?

3 Match each situation with the correct wish.

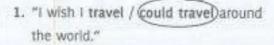


- I can't find anything in my office! ___f
- 2. I can't go to the concert with you.
- 3. I'm really thirsty,
- I never feel like exercising.
- 5. I don't understand how this puzzle works.
- 6. I really like music,
- 7. I only got 34% on my history test.
- 8. I got so angry when we lost the soccer game.

- a. I wish I didn't have plans on Friday.
- b. I wish I were more energetic.
- c. I wish I weren't so competitive.
- d. I wish I had a glass of water.
- e. I wish I could take it again.
- f. I wish I could be more organized.
- g. I wish I could play an Instrument.
- h. I wish I were more logical.

Top Ten Wishes

What do you wish for? We took a survey and here are the top results. Have you ever said any of these things?



- 2. "I wish I had / have a new car."
- 3. "I wish I were / am rich."
- 4. "I wish I not have / didn't have to work."
- 5. "I wish I weren't / were so stressed."

- 6. "I wish I can see / could see my future."
- 7. "I wish I live / lived within a budget."
- 8. "I wish I could lost / could lose weight."
- 9. "I wish I were / are healthler."
- "I wish I didn't spend / don't spend so much money."

	ad the sentences. Write wishes with	the opposite information.
1,	I'm not imaginative.	I wish I were imaginative.
2.	My sister is extremely talkative.	I wish my sister weren't
3.	My travel budget is small,	The state of the s
4.	I'm not studious,	
5,	My soccer team isn't competitive,	
6.	I'm always busy on weekends.	
		ntences with your own information.
	ample: I wish I could read fast. Write two things you wish you could	
I.	ample: _I wish I could read fast	d do.

Alternative therapies

Read the text. What is the name of the job for a person who uses music to help people?

Music Heals

Music therapy is using music to help people with a variety of problems. For example, it can help people with communication and speech problems speak better. It can help people with memory problems remember things from their past. Music therapy can also help people manage stress and be more relaxed. It can even make people with bad pain feel better.

In music therapy, a music therapist works with one person alone or with small groups. The therapist meets with the person and does tests to find out what the problem is and what the person can do with music. Then the therapist decides what kind of music therapy to use. Some people sing, and others might compose music, but a person doesn't need to know about music to be helped by music therapy. There are options such as listening to music and dancing to music. Research shows that these activities are good for the body and for the mind.

Homes that take care of elderly people often have music therapy programs. The programs help the elderly be more energetic and also help with memory problems. Some hospitals have music therapy for patients who are in a lot of pain. Music can affect a part of the brain that reduces pain.



Trevor Gibbons is one example of a person who was helped by music therapy. In 2000, he was putting in windows on the fourth floor of a building when he fell. He was in the hospital for over a year. He was in a lot of pain, and he couldn't talk. He went from the hospital to a rehabilitation center that has a music therapy program, and a music therapist worked with him for several years. He could sing more easily than he could talk. Trevor says that music also helped him manage loneliness, sadness, and pain after he was hurt. Music and the music therapist inspired him, and he has written and sung many songs. He has even recorded CDs and performed at Lincoln Center in New York.

Read the text again. Then write T (true), F (false), or NI (no information).

- 1. Music therapy can help people with many different problems. T
- 2. You do not have to be good at music to benefit from music therapy.
- 3. Music therapy is only for very old people. ____
- 4. Music therapy didn't help Trevor with his pain.
- 5. It took Trevor five years to get better.