Food

A Breakfast, lunch, and dinner

1 Look at the pictures. Complete the puzzle with food words. What's the mystery word?

| ¹C | H | E | E | S | E |

1.

2.

3.

4.

5.

6.

7.

2 Complete the sentences with the words from Exercise 1.

1. Lynn usually eats _____ _noodles_ _____ at her favorite Chinese restaurant.

2. I can't eat dairy. I never eat _____ .

3. Carl's favorite food is fruit. He eats _____ and _____
   every day.

4. I usually have milk and fruit with my _____ in the morning.

5. _____ and _____ are my favorite vegetables.

6. Tanya's favorite grain is _____ . She usually has it with beans.

3 What food do you eat? Write two examples for each group or *I don't eat . . .*

Example: _I eat bananas and apples._ or _I don't eat fruit._

1. Fruit: _____

2. Vegetables: _____

3. Meat: _____

4. Dairy: _____

5. Grains: _____

4 Are the food words count or noncount nouns? Write C (count) or N (noncount).

1. apple ___C___   3. milk _____   5. meat _____   7. chicken _____

2. cheese _____   4. tomato _____   6. pasta _____   8. egg _____

5 Complete the answers. Use *some* or *any*.

1. Do you have any carrots?   No, _I don't have any_ .

2. Do you have any fish?   Yes, _____ .

3. Do we have any apples?   Yes, _____ .

4. Does Edward have any cereal?   No, _____ .

5. Do they have any beans?   No, _____ .

6. Does Lorena have any rice?   Yes, _____ .

6 Complete the conversation with *a, an, any,* or *some.*

A: What do you usually have for breakfast?

B: I usually have ____*some*____ cereal.
1

A: Do you have _____ milk with it?
2

B: Yes, I do.

A: And do you eat _____ fruit?
3

B: Sometimes. I usually have _____ banana or
4
_____ apple with my cereal.
5

A: Do you eat _____ rice?
6

B: Not for breakfast. But I sometimes have _____
7
rice for lunch. I make it with _____ chicken or
8
_____ beef and _____ vegetables.
9   10
Oh, and sometimes with _____ egg.
11

A: Really?

B: Yes. It's Korean food.

A: And what about dinner? What do you usually eat?

B: Well, I don't usually have _____ meat for dinner. I often have _____ pasta.
12   13
It's my favorite!

7 Look at Andrea's food and her shopping list. What food does she have? What food doesn't she have? Write sentences with *some* and *any*.

1. _Andrea has some tomatoes._
2. _She doesn't have any apples._
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Shopping List

apples
pasta
fish
beans
rice

8 Complete the lists with your own information. Then write sentences with *some* and *any*.

I have
_____
_____
_____
_____
_____
_____

Shopping List

I don't have
_____
_____
_____
_____
_____

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

B | I like Chinese food!

1 Complete the conversation. Use the correct forms of the expressions from the box.

love	really like	like	not like	not like at all	hate

Shelby: Let's make lunch. Do you like noodles?

Martin: No, I _don't like noodles_ .
                        1

Shelby: How about Mexican food?

Martin: Yes, I _____ .
                      2

Shelby: OK. How about rice and beans?

Martin: I _____ .
                    3

Shelby: OK. Rice and beans. We have some fish, too.

Martin: I _____ . How about chicken?
                    4

Shelby: I _____ . How about beef?
                    5

Martin: I _____ . Let's have rice and
                    6
beans with beef!

Shelby: OK.

2 Complete the conversation with your own information. Use some of the expressions from Exercise 1.

Shelby: Do you like fish?

You: _____ , I _____ fish.

Shelby: Do you like pasta?

You: _____ .

Shelby: How about eggs?

You: _____ .

Shelby: Do you like Chinese food?

You: _____ .

Shelby: How about Italian food?

You: _____ .

C Meals

1 Read the text. Then label the pictures with the correct underlined food words.

Sometimes it's difficult to eat out with my friends. Everybody likes
different kinds of food! My friend Jon loves Asian food. He likes <u>dumplings</u>,
and he really likes <u>sushi</u>. Sandy usually eats pasta. She loves <u>spaghetti</u>
and noodles. Jake, her brother, likes American food. He usually has a
<u>hot dog</u> or a <u>hamburger</u>. Louis likes <u>tacos</u>, but his favorite meal is
breakfast. He loves cereal, eggs, and <u>pancakes</u>. And Kristen is always on a
diet. She only eats <u>soup</u> and <u>salad</u>. It's terrible! How about me? Well, I eat
anything. I love all kinds of food!

1. _____hot dog_____   2. _____   3. _____

4. _____   5. _____   6. _____

7. _____   8. _____   9. _____

2 Cross out the word that doesn't belong in each list.

1. **On pizza:**   tomatoes   cheese   ~~pancakes~~

2. **Italian food:**   pizza   hot dogs   spaghetti

3. **In a salad:**   carrots   cheese   soup

4. **Japanese food:**   tacos   sushi   rice

5. **In soup:**   noodles   salad   chicken

3 Correct the mistakes.

1. Brenda eats every day pizza.   _Brenda eats pizza every day._

2. Ahmed eats tacos once year. _____

3. We don't eat meat often very. _____

4. Andy eats cheese two a month. _____

5. Never Lydia eats vegetables. _____

6. They have dumplings four a week. _____

4 Circle the correct words to complete the conversation.

Pat: How **once** / **(often)** do you eat sushi?
           1

Alan: I don't eat sushi very **never** / **often**. How about you?
                           2

Pat: I eat sushi **once** / **twice** in a while. Kevin and I go to
                   3
a Japanese restaurant **twice** / **three** times a year.
                        4

Alan: My family **every** / **never** eats out. We cook at home
                 5
every / **often** day.
    6

Pat: Really? I don't cook **very** / **every** often. Kevin cooks
                       7
often / **twice** a week, but we usually go to
      8
restaurants.

5 Match the sentences that have similar meanings.

1. Gary eats spaghetti every Sunday. __c__   a. He eats spaghetti once in a while.

2. Kyle doesn't eat spaghetti. _____   b. He eats spaghetti twice a week.

3. Marco eats spaghetti every Tuesday and Friday. _____   c. He eats spaghetti once a week.

4. Mr. Lee eats spaghetti three times a year. _____   d. He eats spaghetti 12 times a year.

5. Victor has spaghetti once a month. _____   e. He never eats spaghetti.

6 Look at Karen's answers to the quiz. Then answer the questions.

How international is your diet?

How often do you have . . .	every day	twice a week	once a week	twice a month	once in a while	never
Brazilian food?			✓			
Colombian food?						✓
Japanese food?		✓				
Korean food?				✓		
American food?	✓					
Italian food?			✓			
Greek food?					✓	

1. How often does Karen eat Brazilian food? _She eats Brazilian food once a week._
2. How often does she eat Colombian food? _____
3. How often does she eat Japanese food? _____
4. How often does she eat Korean food? _____
5. How often does she eat American food? _____
6. How often does she eat Italian food? _____
7. How often does she eat Greek food? _____

7 How international is *your* diet? Answer the quiz with your own information. Then write sentences with the time expressions.

How often do you have . . .	every day	twice a week	once a week	twice a month	once in a while	never
Mexican food?						
Peruvian food?						
Thai food?						
Chinese food?						
Turkish food?						
French food?						

Example: _I never eat Mexican food._

1. _____   4. _____
2. _____   5. _____
3. _____   6. _____

D *Favorite food*

1 Look at the photo in Exercise 2. What kind of food is it?

It's _____ .

2 Read the text. Then answer the questions.

1. How often does Isabel eat at a Chinese restaurant? _____

2. Who makes Mexican food? _____

3. What's Isabel's favorite recipe? _____

EASY CHEF FORUM

What do you usually eat? How often do you eat out?
What's your favorite recipe? We want to hear from you!

Isabel

In my family, we usually have a well-balanced diet. We eat vegetables, fruit, and grains every day. We eat chicken about three times a week, and we eat fish once or twice a week. We hardly ever have beef. We eat it once in a while at restaurants, but we don't eat out very often. We do have some special days, though. Once a month, we eat out with our children at our favorite Chinese restaurant. The dumplings are delicious! And my mom comes over and makes Mexican food twice a month.

Here's my favorite easy recipe:

Veggie Pizza

Get some Italian bread. Put vegetables on top.
I use peppers, tomatoes, and onions.
Then add cheese, and cook it in the microwave
for one minute. Delicious!

3 Read the text again. Then write T (true), F (false), or NI (no information).

1. Isabel has two children. __NI__

2. Isabel's family eats vegetables seven days a week. _____

3. Isabel's mother makes Mexican food for the family every week. _____

4. Isabel's husband sometimes makes veggie pizza. _____

5. Isabel's family never has beef. _____

6. Isabel can't cook Mexican food. _____

7. Isabel likes dumplings. _____

8. Peppers are vegetables. _____